

Dr. Shannon D. South, aka the “Joy Doctor”, is an award winning therapist, an amazon best-selling author, and an international trainer and speaker. As an expert in the field of spirituality and healing trauma for over 20 years, she knows how to assist people in finding wholeness and joy naturally. In 1994, Shannon had a spiritual experience during meditation that healed her debilitating anxiety and depression permanently. Since this transformative experience, Shannon has helped thousands of clients connect to their most loving and joy-filled selves.

Shannon is the founder of the Ignite! your life and business programs, the “What’s your subconscious survival trap?” quiz, Soul Shine monthly self-mastery program and more. She is a sought out, international trainer helping coaches, counselors and healers integrate Spirit and Soul into their practice. Her newest book, *Grow Your Business by Growing You: The Spiritual entrepreneurs guide to maximum joy, success and abundance.* is a roadmap to this unique, healing process. Shannon loves dancing, being in nature, playing a rowdy game of volleyball and enjoying her family and friends.

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